



NEWSLETTER

An educational publication of Childhood Sensuality Circle for the liberation of children and youth.

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WHITE DEATH FOR CHILDREN

[Much of this information is taken from the article White Death, in Feminist Communications, a feminist newspaper published in San Diego, California, issue of October 1977, in their article on health.]

Sugar is the biggest rip-off of all. The sugar pushers are getting richer and richer off this addiction. They do not care that they are ruining the health of our nation. Although almost everyone knows that white sugar, a highly refined product, is bad for their health, the average American consumes 50 pounds of sugar a year in hidden sugar alone, found in mayonnaise, catsup, beer and most processed foods. Cigarettes are cured with sugar, and many brands of toothpaste contain sugar. White sugar is manufactured by using many chemicals. This process alone would take an entire article to describe.

Sugar is a negative food. Not only does it not contribute to any real nutrients to the body, but the digesting process robs the body of minerals that food should be replenishing. This is the greatest damage to children, who need lots of calcium that is destroyed in the digestion of sugar. One half of the minerals in the body should be calcium. Sugar is a major factor in dental decay, and as a result, children have to have more fillings than adults. Sugar causes obesity, resulting in serious physical and mental problems. Hypoglycemia (low blood sugar) and diabetes are caused by white sugar, and are manifest in children. The list of physical diseases caused by eating white sugar is too long to print. The mental problems include confusion, emotional instability, neurotic and psychotic behavior, and even schizophrenia among adolescents. Addiction to white sugar is comparable to alcoholism and is closely related because alcohol is made from sugar.

In your local health-food store, you will find natural sugars that give real energy without deleterious effects. There is honey from many wild flowers. Natural sugar has high content in all natural dried fruits, fresh fruit, carob (used instead of chocolate), clean raw sugar (not brown sugar, which is white sugar mixed with molasses), black-strap molasses, the least refined sugar, and sorghum. Read your labels not only in the supermarket, but also in health-food stores, as I have seen chemicals listed in so-called "health" products.

White Sugar Promotes Imperialism

Many South American countries are unable to adequately feed their people because their land is being used to grow sugar and coffee for North Americans. The economies of these countries became dependent on these one or two crop systems, making them near colonies of U.S. corporations. Every time you buy white sugar, you are contributing to the exploitation of our southern neighbors to such an extent they go hungry and lack essential food elements in their daily diets. The widespread use of maté tea is to assuage their hunger pains. In Europe and the United States, the sugar monopolies have influenced law makers to promote imperialism's interests. Sugar is not only big business; it is a billion-dollar industry. I greatly regret that Cuba goes along with imperialism in making refined white sugar their chief source of foreign dollars. Certainly the Cuban government must know by this time of the devastating effects white sugar has on the human body, and especially on children.

The Federal Drug Administration (FDA) was founded to protect the American public from adulterated food products. The food processors organized to sabotage the work of this bureau, and have been highly successful in doing so. In fact, the FDA is now an arm of the medical profession (or better named "industry"), and the drug industry, through the political power of both these industries. The mind control of the American people is such that the physicians advice or orders is next to the power of a supernatural being, referred to in the Christian religion as god (meaning there is no other god or gods). The Nutrition Foundation bolsters the FDA by doing research that is favorable to leading sugar-using companies such as Coca-cola, Pepsi-cola, Curtis Candy Co., General Foods and General Mills, all of which financially support the Nutrition Foundation.

This combination of Big Business is only one of the many ways the cards are stacked against the best interests of the people. Only re-education on the true values of food and your refusal to buy poisonous and debilitating food products can stop the rape of your children's bodies by corporate interests.

How to Kick the White Sugar Habit

This is not easy, as sugar is present in so many of the foods for sale. Almost all processed foods contain white sugar, whether you taste it or not. Food that is canned, frozen, prepared ready to eat, as well as packages of white sugar, brown sugar, molasses (unless black-strap), contain white sugar. American tobacco is cured with white sugar. Beer is no substitute for coke, as it has a high sugar content as well as causing other problems. Read your labels fully before buying and make up your mind to banish white sugar from your diet as fast as possible by weaning yourself away from processed foods. Boycott the supermarkets and transfer your business to local health-food stores. In the Los Angeles area alone there are over 100. Some carry fresh, organically-grown fruits and vegetables. Some have a mail-order business to accommodate customers not within the reach of health-food stores. Your reward for the self-discipline it takes to break this white-sugar habit will be in the benefits to your physical, mental and emotional health, combined with natural foods, exercise, sufficient rest for your own needs and a regular daily routine of work and recreation.

Bibliography

1. Sugar Blues, William Duffy, 1975.
2. Low Blood Sugar and You, Frederick and Goodman, 1965.
3. Hypoglycemia: A Better Approach, Ariola, 1977.
4. Sugar: A Political History, F.C., June 1977. (On the exploitation of Third-World countries by sugar interests.)
5. Turnover, the Magazine of the Peoples' Food System, S.F. Bay Area. (Special issue on sugar.)

Look for these books in your local public library and health-food stores. There may be other titles.

-- Valida

ELEMENTARY MY DEAR

Sanforize the shrinking mind,
Electroplate the heart,
Teach them how to stand in line,
Together while apart.

Build the better citizen,
Scrubbed and passion-free.
Learn the lessons of control
At the robot knee.

What did you learn in school today?
Who did you learn to forget?
What was the dream you threw away?
Haven't you grown up yet?

CHILDREN'S RIGHTS

STATE AS PARENT: DESTRUCTIVE, NOT BENEVOLENT

From an article in Civil Liberties publication of the National Civil Liberties Union, September 1979, by Marcia Robinson Lowry, director of A.C.L.U.'s Children's Rights Project.

There are more children in the custody of the state, from one-half to three-quarters of a million, than there are people in the state and federal prisons. These children have committed no crimes or even state offenses but are in state custody solely because they are either dependent, neglected, abused, abandoned, have parents unable to cope with the stresses of poverty, or parents whose manner of functioning or life style has been found inadequate by some judge or social worker. These children are subjected to massive pervasive and destructive denials of their rights. Because the state has undertaken to care for these children in its role as *parens patriae*, (father parent), not in an outwardly punitive manner, the children are often viewed as recipients of the state's kindly benevolence. Because the children are not classed as prisoners nor in penal institutions obscures the fact that they are in many instances prisoners whose most fundamental liberties are denied. The rights of these children are denied at 3 different stages:

1st. State intervention begins when children from their families unnecessarily and without serious attempt to provide services to the family in the home in a manner least restrictive of the child's and the parents' fundamental right to family integrity and privacy. (14th Amendment).

2nd. When children enter state custody in the foster care system they are denied equal access to available services for racial and religious reasons, violating their constitutional right to equal protection of the law. (14th Amendment). While in foster care their lives are marked by arbitrary and irrational decision-making, unrelated to their needs, in violation of their right to treatment and to due process (5th & 14th Amendments).

3rd. When the natural family is no longer available, children are denied the right to a new, substitute family that would enable them to leave custody, often remaining in the foster care system until they become of age, substantially homeless, without roots, and without ability to function in this society.

The New York Civil Liberties Union Children's Rights Project has been attacking the problem of children being taken into state custody unnecessarily through litigation and legislation change. Individual cases were not too difficult to win but affirmative

test case litigation to establish general principles, was extremely difficult. The court ruled that there is no constitutional right for children to receive services in their own home as an alternative to foster care placement. But after many years of discussion and strenuous lobbying the N.Y. A.C.L.U., the New York legislature has passed laws, with funding, that will provide home services.

One of the most common and destructive due process violations in state custody is that of moving children from place to place at the sole discretion of the agency responsible. Social agencies often move a child from a foster home when the relationship between adult and child has reached the potential adoption stage. (I know of a case wherein a CSC member wanted to adopt a boy who had been in 16 foster homes at age 14. ed.)

A still more difficult situation arises when a parent becomes able to and ready to take care of his child. The conflict comes between the natural parent and the foster parent. Does the child have independent rights in such a situation?

Although there may be disagreement over how such a problem should be resolved, there should be no disagreement that the state must not be allowed to create them. Yet this is what current public policy, reinforced and backed by the state and federal funding statutes, now does. The main target of advocates of children's rights should be such public policies. The rights of children against state action have only recently begun to be exposed and have yet to be established. It is a task long overdue.

Marriage at 13

When the deposed Shah ruled Iran, he decreed that the minimum age for marriage was to be 18 for both sexes. Under the new regime of Ayatallah Khomeini, Iran has lowered the age limits for marriage to 15 for boys and 13 for girls. This conforms to ancient Islamic tradition based on the Koran, which holds that girls are physically prepared for marriage at the age of 13, and boys at 15. Many modern or semi-modern parents in Iran's largest cities may refuse to go along with this change, but religious Moslems in the country's rural villages will, no doubt, revert to the Khoranic custom.

Here we have an example of the reduction of the age of consent through marriage for the purpose of procreation and not what we want in US for the purpose of recreation. So this new law acts in favor of further oppressing a nation where adults have difficulty supporting a family of their own without taking up the financial burdens of supporting their teen married children who have not had time to learn how to earn a living for themselves.

SPANKING IS MAKING A COMEBACK
IN UNITED STATES

While in 1979 Swedish law abolished spanking of children by their parents, in U. S. parents are going back to spanking, according to a study by Dr. Mildred Disbrow, a professor of maternal and child nursing at the University of Washington. Also, Dr. Suzanne Steinmetz of the University of Delaware conducted a survey of 2,143 families and found 81% of those with children spanked to discipline. Dr. Disbrow stated that Dr. Benjamin Spock's permissive theories about child-raising -- encouraging parents to be very permissive and accept their children's behavior for what it was, which parents interpreted to mean never to punish their children,

are giving way to the "spare the rod and spoil the child" rule.

(from article in National Enquirer of July 31, 1979)

Bill Hall, a Canadian eugenist, analyzes spanking. He considers it a form of sadism in our sado-masochistic society of today. When children "misbehave" they get more neural networks disconnected whenever they are spanked. Literally they are spanked into stupidity. Children who are not spanked get more neural networks connected, thereby literally are stroked into virtuosity. (Neural means nerve.)

AMERICAN CIVIL LIBERTIES UNION OPPOSES
RETURN OF CORPORAL PUNISHMENT

Joyce Fiske of A.C.L.U. spoke to the Los Angeles Board of Education on February 4, 1980 to oppose the resumption of corporal punishment in L.A. Public Schools as being an invasion of bodily privacy, cruel punishment, because it violates the right to due process. (Constitutional Amendment No. Five), and equal protection of the law (Amendment No. Fourteen

Corporate punishment in L.A. Schools had been outlawed in 1975. Now due to pressure from the L.A. Teachers Union and some public officials it is being re-instated, proving that teachers and school administrators cannot control students without force or the threat of force.

A.C.L.U. not only strongly opposes the use of corporate punishment but the manner in which the policy was adopted. It is clear that the corporal punishment will be discriminatory because it will be used in some schools and not in others; on some students and not on others; on elementary and junior high schools students but not on high school students, on other people's children but not on the children of board members.

The guidelines for administering corporal punishment adopted by the L.A. Board of Education includes the regulation that no student will be forced to submit to it if absolutely refusing to receive it. (imagine a student willing to be physically punished! editor). The state Education Code still requires existing parental consent before punishment can be administered. The guidelines require that a pupil be given a reasonable explanation of the offense and that the student's health card be reviewed before punishment. Only the school principal, assistant principal or administrative dean can administer punishment and not in the presence of other students.

A.C.L.U. will monitor the use of corporate punishment and will conduct a public information campaign to inform students and parents of their rights under the new regulations, and will continue efforts to educate the public and to lobby public officials about why the practice should be outlawed.

(Information from Open Forum, March 1980, publication of the A.C.L.U. of Southern California)

The A.C.L.U. both nationally and locally does much to press for children's rights and enforce those rights made legal so deserves your support.

Valida

YEAR OF THE CHILD

A Flop According to the Press of the Third World

Conferences, seminars and speeches have been abundant and global but effective action scarce. The Independent Express of Bombay/New Delhi, September 29, 1979, comments that after many loquacious speeches and seminars IYC now seems delegated to the back benches and has become a cold cup of tea. The independent Times of Zambia of September 13, 1979, asserted that besides the publicity of fund-raising projects one is given the impression that real questions on the plight of the Zambian child and his world of tomorrow have not been adequately asked and answered...One would like to know what the IYC has changed in terms of attitudes and habits of adults in this country on the rights of the child. This newspaper calls for giving priorities to malnutrition, measles and preventive medicine. Ian Steele in a depth-news Asia Report published in the independent Straits Times of Singapore, August 18, 1979, emphasizes that children under 15 make up one-half the population of the world's poorest countries but comprise a major slice of the workforce as well. Brazil alone has 16 million abandoned and destitute children eking out a living from prostitution, hustling and petty crime.

Information from World Press Review, December 1979 in Column World Beat

New Jersey Opinion

TRENTON'S POLICY ON SEXUALITY IS LAISSEZ-FAIRE. Article in
NEW YORK TIMES of December 30, 1979.

New Jersey has been in a state of ferment during the past year regarding sex issues. The State Legislature has been grappling with laws in regard to:

- Setting the age of consent.
- Combat zones where sexually explicit materials could be sold or live sex shows presented.
- Legalizing incest over the age of 16, sodomy and necrophilia (sex with the dead)
- Legalizing adultery, fornication, promiscuity and seduction resulting in pregnancy.
- Reducing penalties for prostitution.

In revising its Criminal Code, New Jersey revolutionized the manner in which the state legally views the sexual conduct of its residents. It has virtually given free rein to all manner of sexual expression. Last August 1979, the legislature stirred up a furore because they had passed the new Criminal Code with having written into it that the legal age of consent was lowered from 16 to 13 years. Angry parents, teachers, law enforcement authorities (the police) and religious leaders quickly organized to put the age of consent back to 16. No issue within the past 10 years had caused the legislature so much abuse. And 1979 was an election year for all state legislators. After the quick introduction of remedial bills to bring the age of consent back to 16, the age of consent is still 13 so long as the partner is less than 4 years older, thereby legalizing peer sex among children.

Another sex issue New Jersey is trying to cope with is the teaching of sex education in all public schools from kindergarten through the 12th grade. (Sex before eight or its too late-slogan of the Guyon Society). Opposition has already come from several sources, including the New Jersey School Boards Association, which is contrary to the state's legal viewpoint on teenage sex and different sex practices. The National Gay Task Force is working for sex education in public schools and NOW is calling for lesbian clubs, counselors, and courses in high schools. Mandated sex education in public schools is such a compelling social issue because of the soaring teenage pregnancy and venereal disease rates.

CSC's position on sex education in school is that it is too late to begin and inadequate. Sex education, including practice, should begin at birth or whenever a child is ready and able to receive it. By the time a child enters school, even kindergarten at five years, co has had a sex education, mostly of a negative and suppressive kind, administered by parents and friends who believe that sex is only for adults.

Valida
Cultural Midwife

ARTICLES IN THE U.S. MEDIA ON ASPECTS OF
CHILDREN'S LIBERATION IN FEBRUARY, MARCH
AND APRIL 1980

1. In the Sex View column of CHIC magazine, a new column was opened up in March 1980 as an issue to serve as a forum where CHIC readers and professionals in the behavioral sciences can express their opinions on today's controversial sexual issues. The first article is, Sex for Children by David Woodrow Smith, about his sexual feelings when a child and the story of Childhood Sensuality Circle. The following article in the same column is by Dr. James W. Prescott, Ph.D, president of the Institute of Humanistic Sciences and well-known in the United States and Europe for his studies on the causes of child abuse. Dr. Prescott writes on childrens' sexual rights, the barriers placed against them by western religious values, including condemning masturbation and promoting infant male circumcision, an act of sexual assault on a helpless infant.

Readers, take this opportunity CHIC offers you to express your views on childrens' liberation

2. Sexual Issues of the 80's by Dr. Tom Robischon in SEXOLOGY for February 1980. A report of the Lifestylos 79 Convention at Culver City, California in September 1979 on sex after 50, familial sex, jealousy, swinging, pedophilia (transgenerational sex), and closely related topics with demonstrations at times.

3. Childhood Sexuality - Outlook Determines Outcome by Louis Larin, the lead article in GALA Review, publication of the Gay Atheist League of America, in their February 1980 issue. Address: GALA, P.O. Box 14142, San Francisco, California 94114. \$1.00 a copy. On the influence of the Christian ethics on our society affecting everyone--Christians, non-Christians and Atheists, and the reasons for the abolition of anti-sex laws, rules, myths and attitudes.

4. Mail Bag Column of CHIC magazine for April 1980, a letter by Valida Davila, "Snip", "Snipe", against infant male circumcision in answer to the letter Snip in the December 1979 CHIC Mail Bag column.

70-YEAR-OLD SEX COUNSELOR
ADVISES TEENS

From an article in the SAN FRANCISCO EXAMINER AND CHRONICLE of February 24, 1980:

Eleanor Hamilton, age 70, a psychiatrist and sex counselor for 40 years, advises pre-marital sex for teens over 15 as sexuality is a primary function and if postponed until full maturity, there is a chance of 80% dysfunction in adult life. She recommends that potential marriage partners have an opportunity to know each other by living together before marriage. And as teens are going to have sexual relations, give them a safe, protected place in their homes. (CSC position on home sex-edit) If they learn to have a loving regard for each other, a loving touch, they can achieve sexual satisfaction without risking intercourse. Hamilton encourages such intimacy at her summer camp in Nova Scotia for children aged 8-16.

WHO SPEAKS FOR THE SWEDISH CHILD?

Information from
Article in the
Christian Science Monitor, February 28, 1979

When Swedish children need help to combat child abuse, for instance, they have their own intermediary who will lobby for new laws or untangle red tape for them.

In 1650 a Swedish education law stated that school children were not to be treated cruelly in school. In 1979 Sweden's first children's ombudsmen in the person of Mrs. Rigmor von Euler, and the only children's ombudsman in the world, would like to make a reality of this 17th century vision. With the support of colleagues she is lobbying for legislation to outlaw corporal punishment for children in Sweden, even by parents. This is primarily the most spectacular project of Mrs. Euler. She is gathering material for a campaign against televised violence during child-viewing hours.

The ombudsman has a long tradition in Sweden. But an ombudsman for children is a new concept that Mrs. van Euler has done much to define that came into being only 6 years ago.

This year Norway will probably become the second country to have a children's ombudsman and Mrs. von Euler hopes that other nations will follow suit, perhaps by giving permanent life to committees established in the 1979 International Year of the Child. In a long-term approach to physical and mental child abuse the Swedish Association for Children's Rights publicized the problem of child abuse with an exhibition in libraries throughout Sweden. Then they devised a training program to alert doctors, nurses and social workers on how to recognize and deal with child abuse when encountered. In addition they ran an educational campaign to try to persuade the growing number of immigrants to Sweden not to beat their children. To this end posters in Turkish, Finnish, Greek and Czech have been posted on the walls of many women's washrooms.

On war and violence Mrs. von Euler would like war scenes on TV news to be restricted so that children do not grow up thinking that war and violence are humankind's natural state. Beyond simply reducing the amount of violence on TV, Sweden's children's lobbyists would also like to wean TV and comic books away from instilling contempt for the weak and defenseless, from sex discrimination and racism. They would like to end the career of Donald Duck, whom they regard as a chauvinist materialist. (Cheers! editor).

Children's organizations have been championing the right of children to be consulted in family decisions that affect them,

especially in such serious issues as the choice of parent to take custody after a divorce. The organizations argue that we must get away from the old Roman concept of children as chattels and begin to respect them as individuals. Mrs. von Euler and her colleagues admire Norway's new draft legislation stipulating that parents consult children aged 7 and up over matters concerning these children. In Sweden they are trying to introduce similar legislation through the joint governmental-private commission now drafting new children's laws.

Other work of the children's ombudsman and children's lobbyists includes setting up parenting courses for teenagers and stimulating self-development among the women and children of immigrant workers and to persuade resident aliens that women, too, have the right over their own persons. The general objectives of children's lobbyists in Sweden are:

1. To reduce the present gap between child and adult.
2. To reduce the negative attitude of children toward school.
3. To reduce self-centeredness in family life.
4. To reduce subordination of children's welfare to the demands of economic growth.

They would also like the concept of parents' rights to own their children to be supplanted by a sense of the children's right to have a good relationship with one person or couple. That person or couple would not necessarily be the child's natural parents. In some cases parents who dislike and abuse their children might have to be talked into turning them over to foster families and in some cases outside legal assistance should be made available to the child.

The San Diego Society of Sex Therapists and Sex Educators, sex education section invited Valida to talk to them about CSC on March 5, 1980. The talk was well received and attracted the largest number of members they have had at their monthly informal meetings. One of the teachers invited Valida to speak to his sex ed class of over 100 and asked for a copy of our bibliography to use in his class. One couple who subscribe to CSC Nusleter had made extra copies of our February 1980 insert, The Sexual Rights of Children and Youth, to distribute at this meeting.

Saying Grace to Nature

Earth, who gave to us this food;
Sun who makes it ripe and good;
Dear Earth, Dear Sun, by you we live.
Our loving thanks to you we give.

-- taught to Bill Adams by a six-year-old boy.

THE LEWIS CARROLL LEGAL FUND

More and more Americans are being harassed by customs agents who open and confiscate their magazines and books merely because of child nudity or subject matter concerning child sex. But not only do they intercept your mail anymore but an overzealous customs agent may whip up a questionable search warrant, call in a handfull of cops and raid your home. An illegal search against my home, my castle took place in January. Like many persons who are given a limited authority, these agents think their power exceeds all bounds. Orwell's 1984 is nearly here and we must stop these tyrants before it becomes too late to stop them. A customs agent and three pushy cops violated the laws many times in their raid upon me and my home. They will pull this on anybody.

You can fight back by contributing to The Lewis Carroll Legal Fund which intends to file a class action suit against customs censorship. Perhaps you would like to become a committee member. The legal fund is named in honor of Lewis Carroll the author of "Alice in Wonderland" and other children's stories. He took photographs of children in the natural--in the nude as well as fully clothed.

Send contributions to Lewis Carroll Legal Fund, P.O. Box 1345, Inglewood, California 90308. Your help is needed and you will receive our semi-monthly news letter detailing our progress. You can call our L.C.L.F. message anytime at (213) 672-2152.

John Steward.

Articles printed in this issue of CSC Nusleter express the opinions of the writers of the articles and are not necessarily those of CSC. Our Nusleter is an open forum for the expression on opinion concerning children's total liberation and related subjects.

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